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| Every cloud has a silver lining | Every bad thing has a good side. |
| What goes around comes around | What you do to other people will also happen to you |
| Once bitten, twice shy | When someone or something hurts, scares or upsets you, you then tend to avoid that person or thing |
| Nothing ventured, nothing gained | even if something is unlikely to succeed, it is worth trying it |
| When in Rome, do as the Romans do | when you are in a different place, behave like the people there |
| whisper | to say something very quietly, using your breath rather than your voice |
| yawn | to open your mouth wide and breathe deeply because you are tired or bored |
| gaze | to look at someone or something for a long time |
| sigh | to take a deep breath and breathe out slowly and loudly because you are annoyed or unhappy |
| wander | to walk slowly across or around an area, usually without a clear direction or purpose |
| crawl | to move on your hands and knees |
| dramatic | sudden and surprising |
| incredible | extremely good, large, or great |
| inspiring | encouraging and making you want to do something |
| remarkable | excellent and unusual |
| intense | extreme or very great |
| moving | making you feel strong emotions, especially sadness or sympathy |
| touching | making you feel sad, sympathetic, or grateful |
| hilarious | very funny |
| poignant | making you have strong feelings of sadness or sympathy |
| set up | to start a company or organization |
| settle down | to start living a quiet and calm life in one place, especially when you get married |
| take up | to become interested in a new activity and to spend time doing it |
| bring up | to look after and influence a child until he or she is grown up |
| take on  | to agree to do some work or be responsible for something |
| go by | if time goes by, it passes |
| go on | to continue |
| grow up | to gradually change from being a child to being an adult |
| stand for | to support an idea, principle, etc |
| look up to | to admire and respect someone |
| pass away | to die – use this when you want to avoid saying the word ‘die’ |
| drop out | to stop going to university or school before you have completed your studies, or to stop doing an activity before you finish it |
| pick up | to learn something by listening to or watching other people |
| turn up | to arrive |
| look up | to search for something online or in a book |
| wake up | to stop sleeping, or to make someone stop sleeping |
| ring back | to telephone someone later |
| put off | to make it difficult for someone to pay attention to what they are doing by talking, making a noise, moving etc |
| turn down | to refuse an offer, request, or invitation |
| take off | to remove something |
| hang up | to put something in a position so that the top part is fixed or supported, and the bottom part is free to move and does not touch the ground |
| give in | to give a piece of work or something you have written to someone in authority |
| novel | a long written story in which the characters and events are usually imaginary |
| blog | a web page containing information or opinions from a particular person or about a particular subject, to which new information is added regularly |
| tweet | a short message sent using the social networking service Twitter |
| autobiography | a book that someone writes about their own life |
| online | connected to or using a computer or network of computers |
| article | a piece of writing in a newspaper or magazine or online  |
| blockbuster | a film or book that is very exciting and successful |
| lyrics | the words of a song |
| gossip magazine | a large thin book with a paper cover, which is sold every week or every month and contains information about famous people's private lives  |
| manga | Japanese comic books. The pictures in the stories usually go from right to left in the same way as Japanese writing, and the characters often have very large eyes. |
| biography | a book about a person’s life |
| poetry | poems in general, or the art of writing poems |
| manual | a book that tells you how to do something, especially how to use a machine |
| website forum | a website where people have a chance to publicly discuss an important subject |
| social media update | uploading new information, opinions, images, videos etc using the Internet, especially |
| Wikipedia | an encyclopedia on the Internet which is free to use and whose articles are written by volunteers. The articles are available in many languages and most can be edited by anyone. Unlike paper encyclopedias, the articles in Wikipedia are constantly updated. Sometimes the encyclopedia is criticized for being biased or inaccurate. |

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| 1. I crashed my old car, but my new one is much nicer!' 'Every cloud has a silver lining.'
 |
| 1. You should always treat people with respect - what goes around comes around.
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| 1. After I failed my driving test for the first time, I didn't want to take it again - once bitten, twice shy!
 |
| 1. I don't think I really have enough experience to get that job, but nothing ventured, nothing gained!
 |
| 1. If everyone in the office wears casual clothes, remember that when in Rome, do as the Romans do.
 |
| 1. He leaned over to whisper something to her.
 |
| 1. He looked at his watch and yawned.
 |
| 1. She sat gazing out of the window.
 |
| 1. Phil sighed heavily and shook his head.
 |
| 1. We spent the morning wandering around the old part of the city.
 |
| 1. The baby is just learning to crawl.
 |
| 1. Her new hairstyle a dramatic change from what it was before.
 |
| 1. She moved with incredible speed.
 |
| 1. A good teacher must be inspiring to their students.
 |
| 1. The exam results were such a remarkable achievement for him.
 |
| 1. Students are under intense pressure to succeed.
 |
| 1. The drama was so well written, it was a deeply moving experience.
 |
| 1. She cried when she heard the touching story.
 |
| 1. I laughed all night. It was a hilarious comedy show.
 |
| 1. There was a poignant scene near the end of the film.
 |
| 1. She left the company to set up her own business.
 |
| 1. I'd like to settle down, get married and live in the countryside.
 |
| 1. Milo took up painting for a while but soon lost interest.
 |
| 1. She was brought up by her grandparents.
 |
| 1. Don't take on too much work. You'll be exhausted.
 |
| 1. Two weeks went by before Tony called.
 |
| 1. The meeting went on longer than expected.
 |
| 1. What do you want to be when you grow up?
 |
| 1. I don't like her, or what she stands for.
 |
| 1. He looks up to his older brother.
 |
| 1. She passed away in her sleep.
 |
| 1. He had dropped out of college.
 |
| 1. I picked up a few words of French while I was in France.
 |
| 1. He turned up late and missed the starter.
 |
| 1. I look up all new words using my online dictionary.
 |
| 1. I'll wake you up when it's time to leave.
 |
| 1. I'm busy at the moment. Can I ring you back?
 |
| 1. It puts me off reading when you watch me.
 |
| 1. I'm not going to turn down an invitation to New York!
 |
| 1. He took off his shoes.
 |
| 1. Where's my coat? I think I hung it up here.
 |
| 1. All assignments must be given in to your teacher by Friday.
 |
| 1. Have you ever read one of Jane Austin's novels?
 |
| 1. She writes a blog about beauty and fashion.
 |
| 1. Jamie posts tweets about political events in his town.
 |
| 1. Do you know any autobiographies of American film stars I could read?
 |
| 1. Our school went online this year.
 |
| 1. I read a very interesting online article about street crime in Europe.
 |
| 1. His film is the latest Hollywood blockbuster.
 |
| 1. He wrote some great music, but the lyrics weren’t that good.
 |
| 1. I love looking at the photos in gossip magazines.
 |
| 1. Have you ever read a manga?
 |
| 1. Boswell’s biography of Dr. Johnson is a really good read.
 |
| 1. Shelley’s poetry is very descriptive.
 |
| 1. Have you seen the computer manual? I can't work out how to set it up.
 |
| 1. I like discussing political issues and the news on website forums.
 |
| 1. It's sometimes hard to keep up with all the social media updates.
 |
| 1. If I haven't heard of a famous historical person, I normally look them up on Wikipedia.
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