

INTERMEDIATE PLUS UNIT 1

1.1 Lifestyle

- 1** Put the letters in the box in the correct order to make words related to lifestyle. Then match the words in the box with the definitions 1–7.

iavcet tefesiyll rlvetatiane tefesiyll areyl ibdr
yetenasrd tefesiyll ot ctski ot a otreiun
noadcmi tefesiyll ot rokwl nlgro rosuh

- 1 A diverse and different way of life.

- 2 A person who goes to bed early and gets up early.

- 3 A way a life that involves moving your home a lot.

- 4 To do the same things every day.

- 5 A way of life that is not very physical.

- 6 To spend a lot of time doing your job.

- 7 A way of life that involves a lot of physical effort.

- 2** Complete the text with the words in the box.

craving energetic harvested mysterious
smuggling spread tough turned

QUINOA

I discovered quinoa when I decided to lose some weight and go on a diet. I wanted something that would make me feel ¹_____ but that was also healthy and would stop me from ²_____ sugary snacks in the afternoon. I had heard of this ³_____ plant, but never tried it. It grows well in the ⁴_____ conditions of the Andes mountains and its popularity has ⁵_____ all over the world due to its reputation as a very healthy food. It is quite expensive because it is mostly ⁶_____ by hand, so I don't eat it every day. So far, my diet is going well but I haven't ⁷_____ into a super fit athlete yet. I need to stop ⁸_____ chocolate into work before that can happen!

Multi-word verbs

- 3** Complete the sentences with the correct form of *take, hand, put, look, or keep*.
- 1 We have to _____ together a plan for our summer holiday.
 - 2 My mother _____ down this necklace to me and now I'm giving it to my daughter.
 - 3 Every morning, my parents would have breakfast and read the paper to _____ up with recent events.
 - 4 I'm really _____ forward to my friend's birthday party tomorrow.
 - 5 We're much more productive now our new boss has _____ over.
 - 6 I'm going to call the police if the neighbour's dog _____ on barking.
 - 7 Caroline has been so much happier since she _____ up dancing.
 - 8 The beach party was _____ off because of the rain.
 - 9 The teacher usually asks us to _____ in essays on Fridays.
 - 10 After thirty years as boss of the company Vicky decided to _____ over control to her assistant.

1.2 Verb + preposition

- 4** Match verbs 1–9 with prepositions a)–i).

- | | |
|----------------------|-----------|
| 1 overwhelmed | a) up |
| 2 race | b) over |
| 3 keep up | c) by |
| 4 have no control | d) with |
| 5 take | e) out |
| 6 struggle | f) for |
| 7 let something pile | g) on |
| 8 take time | h) with |
| 9 make time | i) around |

- 5** Complete the sentences with the correct form of the phrases from Exercise 4A.

- 1 I _____ writing essays. I just don't have any ideas for what to write.
- 2 Our teacher _____ class behaviour. We just do as we want.
- 3 We need to _____ packing our bags before our flight on Wednesday. I hate doing it at the last minute.
- 4 I'm _____ the amount of housework. I don't have enough time to do it all.
- 5 My dad is _____ the house getting everything ready for my mum's birthday party tonight.
- 6 I always _____ my homework _____. I wish I were more organised.

- 6** Replace the underlined words with an appropriate alternative.
- Karen's out with some people she works with tonight. _____
 - I don't like working with Gordon. He's not very good at his job. _____
 - I have to have a coffee in the morning. It's a repeated action I always do for me. _____
 - I'm very happy with your success. Well done! _____
 - Prince James was officially declared King. _____
 - My grandfather wore the scars he got in the war as something negative seen as positive. _____

1.3 Everyday objects

- 7** Find and correct the mistakes in the sentences.
- I've sent you the fotos from the party last week. _____
 - Has anyone seen the open bottler? I need it for this bottle of cooking wine. _____
 - Do you think Uncle Dan would like a clock he can wear to work for his birthday? _____
 - Can someone put the wine cups on the table ready for dinner? _____
 - Can you lend me some money? I can't find my blankcard anywhere. _____
 - I hope you haven't been reading my daily. I keep all my secrets in there. _____
 - Can you get a packed of rice when you go to the supermarket? _____
 - Who broke my glasses for sun? I need them for driving. _____
 - We should get her a new baseball chap with her favourite team on for her birthday. _____

- 8** Write an object that would be suitable for each person. The first letter in each word is given.
- Brian wants to call his mother. – m _____ p _____
 - Lisa is a musician. – e _____ g _____
 - Mary needs to write a report on a train. – l _____ and c _____

- Olivia is locked out of her home. – h _____
- Valentina's dog keeps running away. – l _____
- Alexander likes taking photos. – c _____
- Merve is a fan of art. – s _____
- Julian needs somewhere to keep his money. – w _____
- Daniel is working in the garden and needs to cut something. – p _____
- Sandra is bored and wants to play. – t _____
- Peter writes his ideas down so he doesn't forget them. – n _____
- Sam likes playing with small models of people. – d _____

9 Complete the sentences with one word in each gap. The first letter in each word is given.

- You really should buy a b _____ . Your trousers are nearly falling down.
- In the UK they use a three pin p _____ so you need to take an a _____ .
- I have a special c _____ that stops my back from hurting when I sit down.
- I always keep candles and a l _____ in cupboard in case of power cuts.
- I've lost the top b _____ on my jacket. Now I can't do it up all the way.
- You should do your s _____ up. You might trip over them.
- If it gets cold I can get you a b _____ for your bed.
- I need an e _____ so I can post this letter to Grandma.
- I've put all the documents on this f _____ , so all you have to do is plug it into the computer and copy them.
- I can't reach the top shelf in the kitchen. We really need to buy a s _____ .
- If you're going out now you should take a t _____ . It's dark.

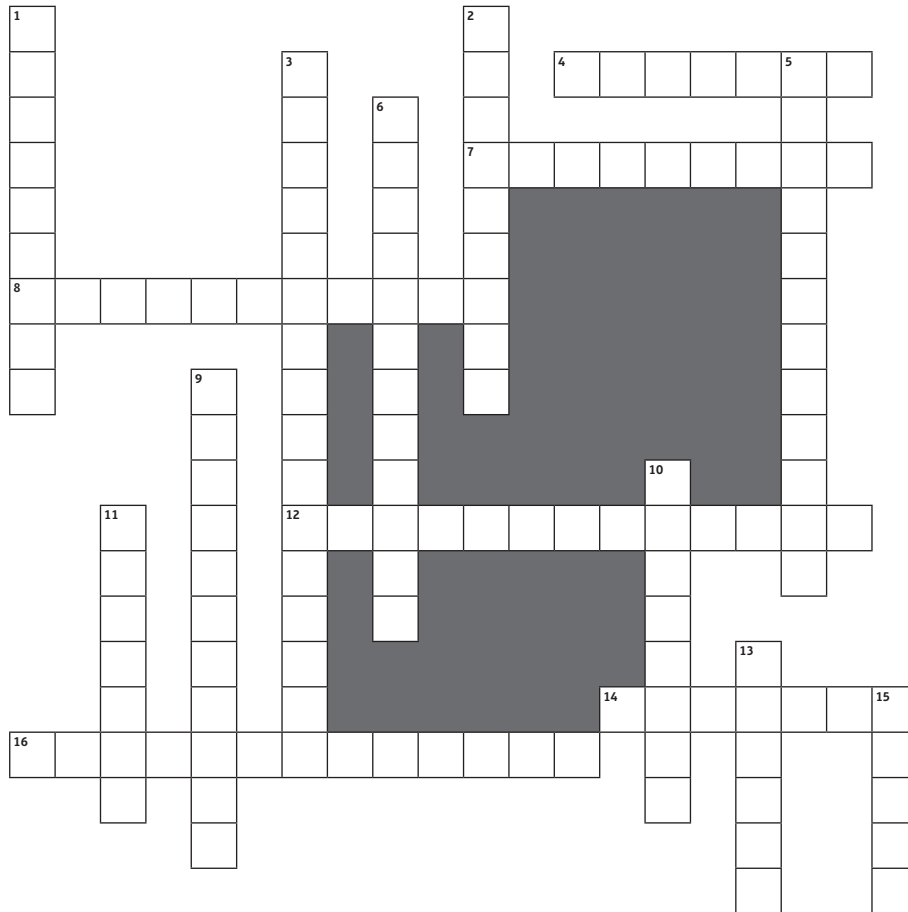
1.4

10 Underline the correct alternatives to complete the sentences. Then answer the questions *yes* or *no* so they are true for you.

- Are you tired of holding *up/down* several jobs just to pay the bills?
- Could you survive the *loneliness/aloneness* of working in a lighthouse?
- Would you like to be an *inhabitant/habitant* of one of the most famous cities in the world?
- Are you looking for somewhere to put down *seeds/roots*?
- Could you live somewhere entirely cut *off/away* from the rest of civilisation?
- Are you someone who doesn't live life by half-*measures/measurements*?
- Are you feeling burnt *out/up* and in need of a rest?
- Has your life had lots of *downs and ups/ups and downs*?

Crossword

11 Use the clues to complete the crossword with words and phrases from Unit 1.



Across

- 4** cut and collect crops (7)
- 7** a person who gets up and goes to bed early (5, 4)
- 8** have a rest from work (4, 4, 3)
- 12** be excited about a plan or future event (4, 7, 2)
- 14** a lifestyle that involves moving often from place to place (7)
- 16** have a strong emotional response (11, 2)

Down

- 1** a place where people live is ... (9)
- 2** have a similar appearance or character as a parent or ancestor (4, 5)
- 3** when an object has emotional importance it has ... (11, 5)
- 5** have difficulty with (8, 4)
- 6** settle and live in one place (3, 4, 5)
- 9** the mixture of good and bad things that happen (3, 3, 5)
- 10** give somebody your position or power (4, 4)
- 11** an object that allows you to use an electrical device with a different electrical system (7)
- 13** give something to a person in authority (4, 2)
- 15** have a strong desire for something (5)

