## Topics for individual task (1<sup>st</sup> semester 2025/2026)

Your task is to choose one topic from the list, create a presentation and present your ideas during the last class. Your presentation should include the next points: 1) the topic of your presentation; 2) your name and number of the group; 3) the reason why have you chosen this very topic; 4) your ideas about positive and negative features of the chosen topic; 5) some conclusions; 6) any information and pictures you'll find important.

## **Topics**

- 1) The benefits of regular exercise.
- 2) My most memorable travel experience.
- 3) The role of pets in our life.
- 4) The significance of friendship.
- 5) The pros and cons of remote learning.
- 6) Exploring my hobbies and interests.
- 7) The influence of technology on education.
- 8) The pros and cons of e-books.
- 9) Is sport really important today?
- 10) Superstitions in the modern highly-technological world.