

Problems of Teenagers



Conflicts with Parents

During the teen years children often try to gain independence from their parents.

They may push limits, break rules and overstep boundaries.



Conflicts with Parents

Sometimes their choice doesn't satisfy their parents' expectations. There are many different sources of conflict between teenagers and their parents such as dishonesty, smoking, messy room, grades.



Fear of Loneliness

Teenagers often have low self-esteem; many of them are not satisfied with their appearance.

Sometimes they have to deal with rudeness and intolerance of their coevals.

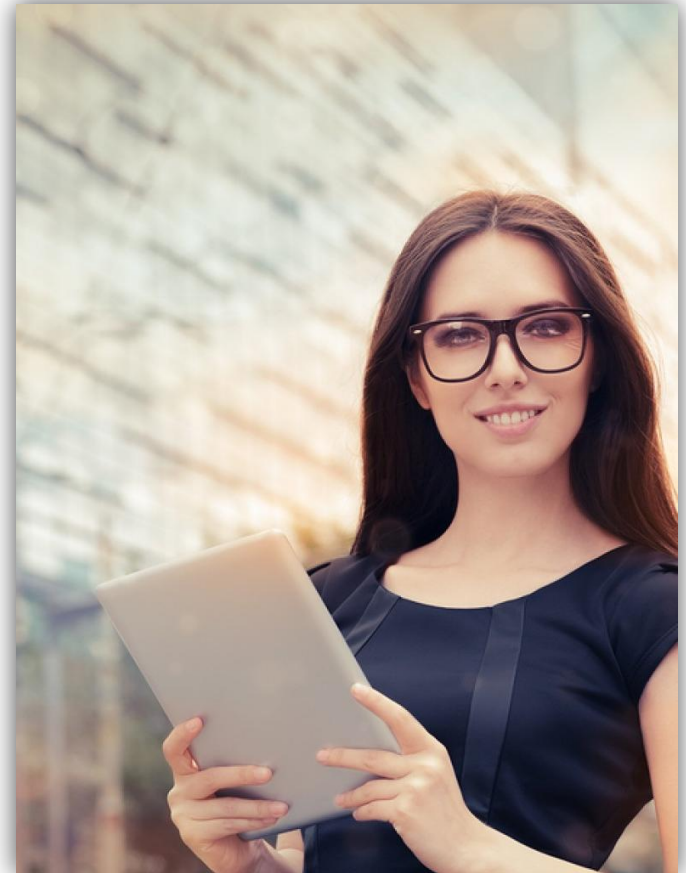
A lot of teenagers are afraid of loneliness.



The Problem of Coming into Adulthood

Most teenagers see adult life as a life full of freedom, independence and great opportunities.

Only very few of them realize how much responsibility they would have.



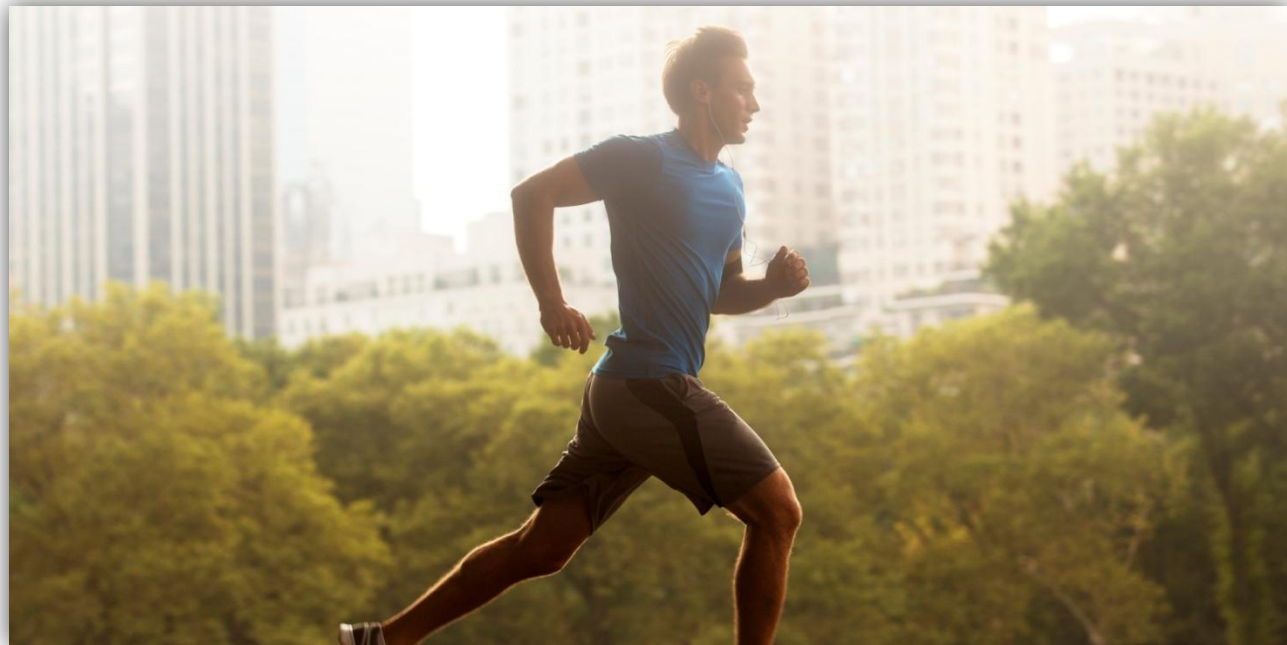
The Problem of Coming into Adulthood

But teenagers often get into trouble because for many of them being adult means staying out at night, trying “adult things” like smoking, drinking alcohol etc.



Physiological Problems

During the teenage period the body undergoes a lot of changes. Teenagers usually grow very fast, and sometimes it causes clumsiness and poor coordination.



Physiological Problems

Due to the hormonal changes a lot of young people have problems with their skin and hair. These changes may also be the cause of problems with weight, moodiness and irritability.



**Thanks For
Attention**