

1 VOCABULARY food and cooking

a Circle the word that is different. Explain why.

- peach chicken raspberries pear
The others are all fruit.
- pork lamb squid beef
The others are all _____.
- melon cherries peach cucumber
The others are all _____.
- green beans beetroot cabbage duck
The others are all _____.
- lemon salmon grapes cherries
The others are all _____.
- courgette crab mussels prawns
The others are all _____.

b Match the words from the list to definitions 1–8.

aubergine avocado lobster mango
melon red pepper squid tuna

- a large sea fish that we eat
tuna
- a vegetable with dark purple skin

- a tropical fruit with hard, dark green skin, soft, light green flesh, and a large seed inside

- a sea animal with a soft body, eight arms, and two tentacles

- a red vegetable that is empty inside

- a tropical fruit, which has a yellow and red skin and is yellow inside

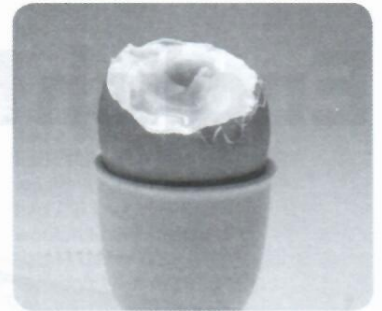
- a sea creature with a hard shell and eight legs

- a large round fruit with a thick yellow or green skin and a lot of seeds

c Label the pictures.



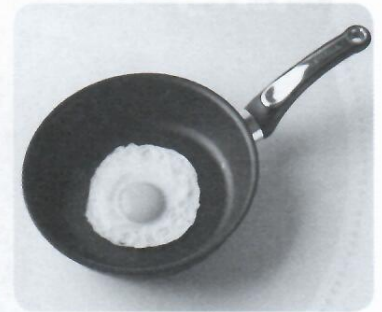
1 grilled salmon



2 _____ egg



3 _____ potato



4 _____ egg



5 _____ chicken



6 _____ peas

d Complete the sentences with a word from the list.

fresh frozen low-fat raw spicy tinned

- We don't need tinned tomatoes, we need fresh ones.
- Are there any _____ peas in the freezer?
- I don't like _____ fish, so I never eat sushi.
- Hannah's on a diet, so she's bought some _____ yoghurt to have for dessert.
- We buy _____ bread from the baker's every morning.
- Mexican food can be very _____.

e Match the phrasal verbs in **bold** in questions 1–3 to definitions a–c.

- 1 Are there any food or drinks you'd like to **cut down on**? Which one(s)? c
- 2 Have you ever tried to **cut out** any food or drinks completely? Which one(s)? _____
- 3 Where do you usually go when you want to **eat out**? What do you usually have? _____

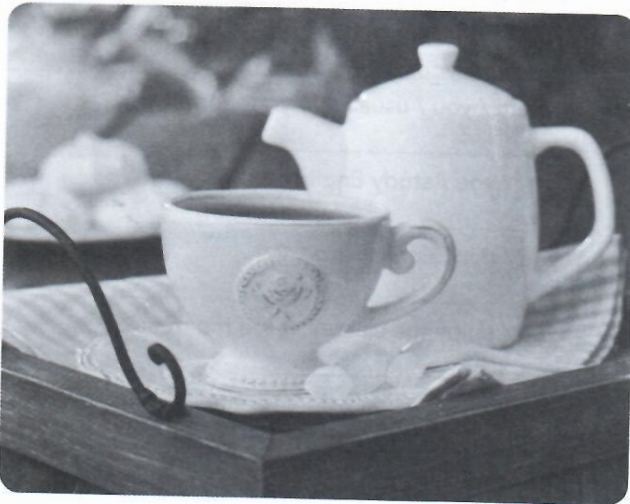
- a to stop eating something completely
 b to have lunch or dinner in a restaurant
 c to eat less of something

f Answer the questions in e.

- 1 _____
- 2 _____
- 3 _____

VOCABULARY FROM LISTENING

g Complete the sentences.











- 1 I miss _____ drinking English tea when I go abroad.
- 2 My favourite pizza t_____ is ham and mushroom.
- 3 I eat chocolate when I'm unhappy to ch_____ myself u_____.
- 4 We sometimes eat r_____ -m_____ food for dinner when we get home from work late.
- 5 I'm a _____ to peaches, so I never eat them.
- 6 Do you ever get t_____ food from the Chinese restaurant on the corner?
- 7 I don't like tuna as a sandwich f_____.

2 PRONUNCIATION short and long vowel sounds

a Write the words in the chart.

beef carton chicken chocolate cookie
 crab cucumber jar mango peach pork
 prawns sausage squid sugar tuna

			
1 fish	2 tree	3 cat	4 car
	beef		

			
5 clock	6 horse	7 bull	8 boot

b 1.1 Listen and check. Then listen again and repeat the words.

c Write the words.

- 1 /bɔɪld/ boiled
- 2 /'kæbɪdʒ/ _____
- 3 /'spɑɪsi/ _____
- 4 /rəʊst/ _____
- 5 /greɪps/ _____
- 6 /fru:t/ _____
- 7 /beɪkt/ _____
- 8 /'melɒn/ _____
- 9 /'æʊbɜːʒi:n/ _____

d 1.2 Listen and check. Then listen again and repeat the words.

3 GRAMMAR present simple and continuous, action and non-action verbs

a Complete the sentences with the present simple or continuous form of the verbs in brackets.

- I sometimes *feel* _____ tired after lunch. (feel)
- We _____ usually _____ late at the weekend. (not get up)
- _____ you _____ the TV or can I turn it off? (watch)
- My boss _____ to work every morning. (cycle)
- Can you call back later – I can't hear you. We _____ a party, and the music is very loud. (have)
- There's a man in our neighbours' garden. What _____ he _____? (do)
- How often _____ your teacher _____ you homework? (give)
- I _____ chocolate this month. I need to cut down on sweet things. (not eat)
- My mother _____ often _____ exercise. (not do)
- My girlfriend has stopped eating snacks. She _____ to be healthier. (try)

b Correct any mistakes in the highlighted phrases. Tick (✓) the correct sentences.

- I like your jacket. Is it new?
- Something is smelling good. What are you making?
Something smells good.
- That cake is looking delicious. Did you make it?
- I don't know what to cook for dinner.
- Are you thinking the fish is cooked now?
- Can I call you back? I'm having lunch right now.
- This soup tastes quite spicy. What's in it?
- I'm loving all kinds of vegetables. There aren't any I don't eat.

c Complete the sentences using the correct form of a verb from the list.

believe not belong drive play not recognize
not sleep sound not use

- I can't talk now, I'm *driving* _____. I'll call you when I get to the office.
- I think your boyfriend is telling the truth – I _____ him.
- Can you turn off your computer if you _____ it?
- This bag _____ to me. Is it yours?
- Sarah isn't at home. She _____ tennis.
- I'm tired because I _____ well at the moment.
- I _____ that woman. Do you know who she is?
- That music _____ awful. Would you mind turning it down?

d Write questions.

- what / you / do right now
What are you doing right now _____?
- where / you / usually do your homework
_____?
- why / you / study English
_____?
- you / think English is easy
_____?
- you / enjoy the classes at the moment
_____?
- what / you / usually do after the class
_____?

e Write an email to your teacher. Use the questions in d to help you.

✉

Hi _____,

Right now, I'm doing my English homework.

Hope you're well.

Best wishes
